6 MEAT SUNDAY CARVERY

ROAST BEEF • ROAST PORK • ROAST CHICKEN • ROAST TURKEY • ROAST LAMB • ROAST GAMMON
ACCOMPANIED WITH ROAST POTATOES, ROAST PARSNIPS, YORKSHIRE PUDDING, SAGE AND ONION STUFFING & SELECTION OF FRESH VEGETABLES
VEGETARIAN OPTION AVAILABLE • SELECTION OF STARTERS & DESSERTS
TABLE BOOKING RECOMMENDED

49-51 Burton Street, Melton Mowbray, Leicestershire LE13 1AF
Tel: 01664 560121
E-mail: harborohotel@hotmail.co.uk Website: www.harborohotel.co.uk
SOUP
- Cream of Chicken
- Carrot & Corriander
- Cream of Tomato
- Minestrone
- Red Pepper & Tomato
- Wild Mushroom
Served with Freshy Chunky Bread £2.95

PRAWN COCKTAIL
Succulent North Atlantic Prawns, smothered in Marie Rose Sauce, served with Crisp Salad and Wholemeal Bread £3.75

BREADED GARLIC MUSHROOMS
Crispy coated Garlic Mushrooms, served with a Crisp Salad and Garlic Mayonnaise £3.25

STILTON & MUSHROOM KNOTS
Filo pastry case, filled with a rich Creamy Stilton & Mushroom Sauce with Walnuts, tied in a knot, served with Crispy Salad and Cranberry Sauce £3.55

SAMOSAS
Authentic Vegetarian Samosas, cooked with fresh herbs & spices, wrapped in pastry, served with either Mango Chutney, Yoghurt Mint Sauce and Crisp Salad £3.75

SALT & PEPPER SQUID
Squid Chunks in a Bubble Batter Coating, served with Crisp Salad & Tartare Sauce £3.95

GOATS CHEESE & SPINACH TART
Creamy Goats Cheese with Spinach on a bed of Red Onion Marmalade served with Salsa £3.45

COMBINATION PLATTER
Breaded Mushrooms, BBQ Chicken Wings, Vegetarian Samosas, Onion Rings, Salt & Pepper Squid, Chicken Goujons & Stilton & Mushroom Knots, served with a selection of dips and Crisp Salad £8.95

BREADED CHICKEN GOUJONS
Crispy Coated Chicken Goujons, served with a Crisp Salad and BBQ Dip £3.75

SPICY CRABCAKES
White and brown Crab Meat, coated in seasoned breadcrumbs, served with Crisp Salad and either Tartare or Sweet Chilli Sauce £3.75

CAJUN SWEET CHERRY PEPPERS
Sweet Piquante Cherry Peppers filled with a Garlic and Herb Cream Cheese, coated in a Crispy Batter, served with a Crisp Salad £3.25

STILTON & MUSHROOM KNOTS
Filo pastry case, filled with a rich Creamy Stilton & Mushroom Sauce with Walnuts, tied in a knot, served with Crispy Salad and Cranberry Sauce £3.55

JAPANESE BREADED KING PRAWNS
Premium King Prawns in a Crisp Breaded coating, served with a Crisp Salad and Sweet Chilli Dip £3.75

CAJUN SWEET CHERRY PEPPERS
Sweet Piquante Cherry Peppers filled with a Garlic and Herb Cream Cheese, coated in a Crispy Batter, served with a Crisp Salad £3.25

CHILLI MANGO PRAWNS
Butterfly Prawns with Spicy Mango Chilli Jam and Crisp Salad £3.95

For 2 to Share

GOATS CHEESE & SPINACH TART
Creamy Goats Cheese with Spinach on a bed of Red Onion Marmalade served with Salsa £3.45

CHILLI MANGO PRAWNS
Butterfly Prawns with Spicy Mango Chilli Jam and Crisp Salad £3.95

DUCK SPRING ROLLS
Shredded Crispy Duck with Hoisin and Spring Onion Sauce, wrapped in Filo Pastry served with a Chilli Oil Dip & Crisp Salad £3.75

For 2 to Share
FROM THE GRILL...

Add a sauce topping...

Smoky BBQ
Dianne
Red Wine & Onion
Stilton or Pepper
for £1.75

ALL STEAKS COOKED TO YOUR LIKING, SERVED WITH CHIPS, GRILLED TOMATO, FIELD MUSHROOM, ONION RINGS AND GARDEN PEAS

<table>
<thead>
<tr>
<th>10oz RUMP STEAK</th>
<th>8oz SIRLOIN STEAK</th>
<th>8oz FILLET STEAK</th>
<th>14oz T-BONE STEAK</th>
<th>8oz RIB-EYE STEAK</th>
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<tbody>
<tr>
<td>£12.95</td>
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BBQ FULL RACK OF RIBS
£11.95
Succulent Pork Ribs glazed with Smoky BBQ Sauce, served with Salad, Chips & Peas

RIBS & STEAK
£19.95
Full Rack BBQ Ribs & 10oz Rump Steak, served with Salad, Chips, Peas, Field Mushroom, Grilled Tomato & Onion Rings

RIBS & WINGS
£13.95
Full Rack BBQ Ribs & BBQ Chicken Wings, served with Salad, Chips & Peas

12oz GAMMON STEAK
£9.99
Prime Horseshoe Gammon, griddled with a choice of Egg or Pineapple, served with Chips, Crisp Salad and Garden Peas

PORK CHOP
£9.99
2 Tender Pork Chops with Black Pudding served with choice of Potatoes, Vegetables & Apple & Cider Sauce

BARNSLEY CHOP
£14.95
2 Prime Lamb Chops cooked to your liking, served with a choice of Potato (Roast, New, Mashed or Chips), Garden Peas, Grilled Tomato and Field Mushroom

MIXED GRILL
£19.99
Sausage, Black Pudding, Gammon (6oz), Rump Steak (6oz), Pork Chop, Grilled Tomato, Field Mushroom, Onion Rings, Garden Peas and Chips

MEGA MIXED GRILL
£29.99
Rump Steak (10oz), Pork Chop, Chicken Breast, Lamb Chop, Gammon (12oz), Sausage, Black Pudding, Grilled Tomato, Onion Rings, Chips, Field Mushroom and Garden Peas

SURF & TURF
£17.95
Sirloin Steak, served with Japanese King Prawns, Chips, Grilled Tomato, Onion Rings, Field Mushroom, Garden Peas and Salad

SALMON STEAK
£12.99
Grilled Salmon, served with Herb Buttered New Potatoes, Seasonal Vegetables, choice of Creme Fraiche & Watercress Sauce or Chilli, Garlic & Sweet Pepper infusions
**CHILLI-CON-CARNE**  
Tenderly cooked Minced Beef in a medium spicy sauce containing Red and Green Peppers, Onion, Kidney Beans and Tomatoes, served with Rice and Nachos  
£7.95

**ALL DAY BREAKFAST**  
Bacon, Sausage, Black Pudding, Hash Brown, Fried Bread, Mushrooms, Grilled Tomato, Plum Tomato, Beans and Fried Eggs  
£6.99

**LAMB HOT POT**  
Minced Mutton in Gravy topped with Sauteed Potatoes and Cheese, served with Seasonal Vegetables  
£8.99

**ROAST DINNER**  
Today’s choice of meat served with Yorkshire Pudding, Roast and New Potatoes, Fresh Seasonal Vegetables, Stuffing and Rich Gravy  
£8.49

**BBQ CHICKEN**  
Succulent Chicken Breast in Smoky BBQ Sauce, topped with Bacon and Grilled Cheese served with Chips, Peas and Crisp Salad  
£7.95

**COTTAGE PIE**  
Prime Steak Mince & Carrot topped with Mashed Potato and Cheese, served with Seasonal Vegetables  
£7.95

**SHEPHERDS PIE**  
Rich Minced Lamb & Carrot topped with Mashed Potato and Cheese, served with Seasonal Vegetables  
£7.95

**FISH PIE**  
Made with Stilton, Smoked Haddock, Prawns and Alaskan Pollock, in a Creamy Leek Sauce topped with Buttery Mashed Potato, finished with Cheese and Breadcrumbs, served with Seasonal Vegetables  
£9.99

**KING PRAWN RED THAI CURRY**  
King Prawns served in a Red Thai Curry Sauce with Bamboo Shoots, Red Pepper, Kaffir Lime Leaves infused with Thai Basil with Basmati Rice and Salad  
£9.95

**CHINESE DUCK BREAST**  
Slices of Duck Breast in a Sweet Plum Sauce with a hint of Ginger, served with Roast Potatoes and Seasonal Vegetables  
£9.95

**CHICKEN BREAST**  
Prime Chicken Fillet, served with **Stilton** or **Cajun** or **Garlic**, served with Chips and a Crisp Salad  
£7.95

**SMOKEY BACON & PASTA**  
Served with a Crisp Salad and Garlic Bread  
£7.25

**LAMB SHANK - Red Wine & Rosemary or Minted**  
Tender Lamb Shank served with Creamy Mashed Potato and Fresh Seasonal Vegetables  
£10.99

**BANGERS & MASH**  
Lincolnshire Sausages with Creamy Mashed Potato, Seasonal Vegetables and Red Wine & Onion Gravy  
£6.99

**HARBORO ULTIMATE FILLED YORKSHIRE**  
Yorkshire Pudding filled with **Rich Steak & Ale** or **Beef in Stilton Gravy with Peppercorns** or **Chicken & Mushroom in a Creamy White Wine Sauce**, with Mashed Potato or Chips and Vegetables  
£8.99

**LASAGNE**  
Lasagne made with Prime Minced Beef, served with Garlic Bread and Crisp Salad  
£7.99

**BEER BATTERED HADDOCK**  
Hand Battered Haddock Fillet served with Chips and either Garden Peas or Mushy Peas  
£7.95

**BEER BATTERED COD**  
Hand Battered Cod Fillet served with Chips and either Garden Peas or Mushy Peas  
£7.25

**WHOLETAIL SCAMPI**  
Scampi in Golden Breadcrumbs, served with Chips & either Garden Peas or Mushy Peas & Crisp Salad  
£7.95

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**AUTHENTIC CURRIES - we can also make any dish hotter**  
Served with Rice and Naan Bread  
All £8.95

<table>
<thead>
<tr>
<th>Chicken Tikka Massala</th>
<th>Chicken Balti</th>
<th>Chicken Jalfrezi</th>
<th>Chicken Korma Josh</th>
<th>Lamb Rogan Josh</th>
<th>Beef Madras</th>
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<tbody>
<tr>
<td>Chicken marinated in Massala Spices and Yoghurt giving a mild to medium spice</td>
<td>Tender Chicken pieces in a robust medium sauce with tomatoes and peppers</td>
<td>Selected pieces of Chicken in a rich, medium spiced sauce of tomatoes, onions &amp; peppers</td>
<td>Mild and creamy with coconuts and almonds. A delicate dish medium spiced with chunks of breast meat</td>
<td>Tender pieces of Lamb in a rich tomato and herb sauce with onions and red peppers</td>
<td>Tender pieces of Beef in a robust sauce consisting of tomatoes, coconut, chillies &amp; blended spices</td>
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</tbody>
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RICOTTA CHEESE & SPINACH CANNELLONI
Fresh Pasta filled with Spinach, Ricotta and Parmesan Cheese on a bed of Chunky Tomato Sauce and topped with Béchamel Sauce, served with a Crisp Salad and Garlic Bread £6.95

VEGETABLE LASAGNE
A blend of Sun Ripened Vegetables in a Sweet Tomato Sauce with a hint of Basil and Garlic, layered with Fresh White Pasta and topped with a Creamy Béchamel Sauce, served with a Crisp Salad and Garlic Bread £6.95

STILTON & VEGETABLE CRUMBLE
A medley of Vegetables in a Rich Stilton Cheese Sauce with a crunchy topping, served with a Crisp Salad and New Potatoes £6.95

MACARONI CHEESE
Creamy Macaroni Cheese served with a Crisp Salad and Fresh Chunky Bread £6.95

VEGETARIAN MEALS...

CHAMPAGNE OYSTER MUSHROOM RISOTTO
A Creamy Oyster Mushroom Sauce Risotto, traditionally cooked with Arborio Rice and complimented with Champagne and Rocket, served with a Crisp Salad and Garlic Bread, topped with Gran Padano shavings £6.95

MUSHROOM & RED PEPPER STROGANOFF
Whole Button Mushrooms in a Cream Sauce with Red Peppers, served with a Crisp Salad and Garlic Bread £6.95

LUXURY NUT ROAST
A delicious mix of Brown Rice, Almonds, Cashews and Mushrooms topped with Sweet Cranberries and Crunchy Cashews and Chestnuts, served with Seasonal Vegetables and Roast Potatoes £6.95

ROASTED VEGETABLE JALFREZI
Roasted Peppers, Red Onions, Carrots and Potatoes in a Spicy Jalfrezi Sauce, served with Pilau Rice and Naan Bread £6.95

BURGERS...

BEEF BURGER £5.95
CHICKEN BURGER £5.95
VEGETARIAN BURGER £5.25
SERVED WITH CHIPS AND SALAD
ADD A TOPPING OF MONTERAY JACK CHEESE, BACON, EGG, MUSHROOMS OR ONION @60p EACH OR HAVE IT ALL FOR £6.99 MEGA!!

SALADS...

CHICKEN • BEEF • GAMMON CHEESE • PRAWN • PASTA
SERVED WITH MIXED SALAD AND 5 BEAN TOPPED WITH GRAN PADANO SHAVINGS £6.95

CHOOSE YOUR DRESSING:
CAESAR
THOUSAND ISLAND
ITALIAN VINAIGRETTE
HONEY
MUSTARD
RANCH STYLE

SIDE ORDERS...

Sweet Potato Fries £2.25
Chips or Curly Fries small £1.50 large £2.50 with cheese add 80p
Southern Fried Lattice small £1.50 large £2.00
Onion Rings 10 for £2.00 20 for £3.25
Fresh Mushrooms £2.00
Vegetable Bowl £2.50
Bread and Butter £1.00
Baguette £1.50
Garlic Bread £2.25
Garlic Bread with Cheese £3.00

Some dishes may contain nuts or nut traces.
Please ask a member of the restaurant team for more information
<table>
<thead>
<tr>
<th>Dessert</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td><strong>DESSERTS...</strong></td>
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<tr>
<td><strong>STRAWBERRY ETON MESS</strong></td>
<td>Popular Strawberry and Meringue Dessert</td>
<td>£3.25</td>
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<tr>
<td><strong>HOT CHOCOLATE FUDGE CAKE</strong></td>
<td>Rich Chocolate Sponge Cake and Dark Fudge Icing</td>
<td>£3.25</td>
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<tr>
<td><strong>STICKY TOFFEE PAVLOVA</strong></td>
<td>Disc of Meringue topped Caramel Cream with Caramel Mousse and topped with Chocolate shavings</td>
<td>£3.25</td>
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<tr>
<td><strong>BRAMLEY APPLE PIE</strong></td>
<td>Deep filled Bramley Apple Pie baked in Golden Pastry</td>
<td>£3.25</td>
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<td><strong>CHOCOLATE LUMPY BUMPY PIE</strong></td>
<td>Layers of moist Sponge with Rich Chocolate flavoured Mousse Lumpy Bumpy Cheesecake enrobed in Chocolate Ganache, sprinkled with Nuts, Chocolate Chunks &amp; drizzled in Fudge</td>
<td>£3.25</td>
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<td><strong>KEY LIME CHEESECAKE</strong></td>
<td>Baked Cheesecake flavoured with Key Lime Juice with a lime glaze. Sponge base</td>
<td>£3.25</td>
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<td><strong>TOFFEE CRUNCH PIE WITH DIME BARS</strong></td>
<td>Chocolate pastry case filled with layers of Caramel and Chocolate Fudge, Honeycomb pieces and Toffee flavoured Mousse</td>
<td>£3.25</td>
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<tr>
<td><strong>LEMON ROULADE</strong></td>
<td>A stunning, hand made and rolled Meringue Roulade filled with Whipped Dairy Cream, home made Lemon Curd with real Sicilian Lemon Juice</td>
<td>£3.25</td>
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<td><strong>COPPA PISTACHIO &amp; CREMA</strong></td>
<td>Custard Gelato swirled with Chocolate &amp; Pistachio, topped with Crushed Pistachio Praline SERVED ON ITS OWN</td>
<td>£4.25</td>
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<tr>
<td><strong>CARROT CAKE</strong></td>
<td>Gluten free Carrot Cake filled and topped with a sweet frosting and a sprinkling of Hazelnut pieces</td>
<td>£3.25</td>
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<td><strong>SPOTTED DICK</strong></td>
<td>A light Sponge pudding with Currants and Mixed Spice</td>
<td>£3.25</td>
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<td><strong>SPONGE PUDDING</strong></td>
<td>Sponge Pudding topped with either Syrup or Strawberry Jam</td>
<td>£3.25</td>
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<tr>
<td><strong>TOFFEE APPLE BREAD &amp; BUTTER PUDDING</strong></td>
<td>Traditional pudding with Tangy Apple Puree and Succulent Sultanas with a soft Toffee Sauce</td>
<td>£3.25</td>
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<tr>
<td><strong>CHEESEBOARD</strong></td>
<td>Cheese &amp; Biscuits incl: local Stilton, Red Leicester &amp; Black Bomber</td>
<td>£4.95</td>
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<tr>
<td><strong>ICE CREAM</strong></td>
<td>Selection of premium Ice Creams: Vanilla, Chocolate, Strawberry &amp; Mint Choc Chip</td>
<td>£3.25</td>
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<td><strong>HOT DRINKS...</strong></td>
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<td>Pot of Tea</td>
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<tr>
<td>Regular Coffee</td>
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<td>Expresso</td>
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<td>Latte</td>
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<td>Cappuccino</td>
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<tr>
<td>Hot Chocolate</td>
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<tr>
<td>Liqueur Coffees</td>
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<td>£4.95</td>
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All Desserts served with Custard, Pouring Cream, Squirty Cream or Ice Cream